

Other Available Services at the Mental Health Association of Essex County, Inc.

- ❑ Individuals who are preparing for discharge or have recently been released from state or county psychiatric hospitals and who reside in Essex County can receive transitional assistance from our ***Integrated Case Management Services (ICMS)***. Housing arrangements, ongoing treatment plans, access to support services and more are coordinated by individual case managers with the goal of successful community re-integration and a decrease in the risk of re-hospitalization.
- ❑ ***Prospect House*** is our partial care program for individuals who are transitioning back into the community. Psycho-social and vocational rehabilitation as well as counseling and medication management are provided in a supportive group setting.
- ❑ ***Supportive Employment Services (SES)*** provides job readiness assistance for those individuals who have progressed in their recovery to the point where they are ready to begin re-entry into the workplace.
- ❑ Individuals who are in need of individual counseling but who are unable to afford private psychiatric treatment can receive initial evaluations and referral to a network of sliding scale private therapists through the ***Center for Low Cost Psychotherapy***.

Agency Mission

The **MISSION** of the Mental Health Association of Essex County, Inc. is to promote mental health, to improve the care and treatment of individuals with mental illness and to remove the stigma associated with emotional and mental disorders. We, as a community organization, accomplish our mission through advocacy, education, prevention, early intervention, treatment and service.

For More Information

For more information about
Supportive Living Services
please contact:

Director of Supportive Living Services
(973) 509-3777



Supportive Living Services



**The Mental Health Association
of Essex County, Inc.**
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Supportive Living Services (SLS)

The Supportive Living Services are designed to create permanent consumer 'leased-based' housing for individuals diagnosed with a serious and persistent mental illness. The goal of SLS is to assist individuals who are currently hospitalized, homeless, or living in sub-standard housing in gaining access to adequate, affordable housing.

SLS's geographic region includes areas in Essex County that are convenient to mass transportation, employment opportunities and various social services and natural community supports to successful treatment and wellness and recovery.

In addition to identifying and developing housing opportunities, SLS offers flexible support services that are based on wellness and recovery principles. It is the belief of the program that with support and access to a safe, affordable living environment an individual in recovery will be able to live in the community and achieve a higher quality of life.

All SLS services are individualized to meet the needs of each individual and are designed to facilitate a seamless continuum of care for each person.

SLS Mission

The mission of SLS is to increase accessibility to quality affordable housing in Essex County to individuals diagnosed with a serious and persistent mental illness and to provide comprehensive, high quality mental health services. In doing so, we endeavor to help individuals develop a personal wellness and recovery plan leading to successful re-integration into the community.

Services May Include

- ❑ Recovery Management
- ❑ Psychiatric Monitoring
- ❑ Consumer Psycho-education and Support
- ❑ Family/Significant Other Education and Support
- ❑ Consumer Advocacy
- ❑ Employment, Volunteer and Educational Opportunities
- ❑ Life Skills Development
- ❑ Management of Co-Occurring Disorders
- ❑ Symptoms Assessment, Management and Supportive Counseling
- ❑ Social, Recreational, Leisure Activities

Eligible Individuals

Individuals who are 18 years of age or older, and are diagnosed with a serious and persistent mental illness, may be eligible for the SLS program.

SLS Hours of Operation

SLS's general hours of operation are 8 a.m. to 9 p.m. daily, including weekends and holidays.

In order to meet the needs of the individuals in recovery, the Supportive Living Services staff members are available 24 hours a day, seven days a week, including holidays and weekends. This service is available for support and crisis intervention, including on-site and off-site supports via telephone, face-to-face contact and collateral contacts with caregivers and acute care service providers.

Referrals

To make a referral to the Supportive Living Services, please call:

Director of Supportive Living Services
973- 509-3777

