

Social Services in Essex County, New Jersey

Supportive Housing/Residential Services:

Easter Seals Essex Housing Program: Easter Seals' Residential Services' house individuals with mental health issues at 60 sites throughout New Jersey and provide them with not only supportive housing, but integrated case management, and mental health and home care services. Residences range from those supervised on a 24-hour basis to those with light supervision on a weekly basis. Individuals are placed in residences depending on the level of supervision necessary. **Contact Information: 973-324-2712**

East Orange General Hospital Projects for Assistance in Transition from Homelessness (PATH): The Projects for Assistance in Transition from Homelessness (PATH) program reaches some of the most vulnerable members of our community. It delivers essential services, resources to improve the mental health and well being of people who are homeless. **Contact Information: 973-395-4164**

Project Live, Inc: Supportive Housing: provides residential services to individuals with mental illness. These services range from 24 hour, supervised, group homes to independent living. Residential Program: Project Live's Group Homes are staffed 24 hours a day, 365 days a year, with dedicated professionals who help residents learn the skills they will need to manage their own household. All residents are involved in some activity during the day: partial care or vocational program, school, work or pursuits of their choice. Treatment is collaborative, with the day activity, and is designed to maximize the individual's level of functioning and independence while promoting self-esteem and accomplishment. **Contact Information: 973-481-1211**

Project Live Projects for Assistance in Transition from Homelessness (PATH): A new initiative funded by the NJ Division of Mental Health Services is the PATH program. PATH (Projects for Assistance in Transitioning from Homelessness) is an Outreach Program that engages the homeless individuals with mental illness living in emergency shelters and on the streets in the Newark area. Project Live drew upon its 25+ years of experience working with the homeless individuals with mental illness to develop this initiative funded by the NJ Division of Mental Health and Addiction Services. **Contact Information: 973-680-0316**

Supportive Living Services: The Supportive Living Services are designed to create permanent consumer 'leased-based' housing for individuals diagnosed with a serious and persistent mental illness. The goal of SLS is to assist individuals who are currently hospitalized, homeless, or living in sub-standard housing in gaining access to adequate, affordable housing. **Contact Information: 973-509-3777**

Partial Care/Day Treatment Services:

Center for Growth: Contact Information: (973) 678-7443

Community Psychiatric Institute: CPI is a community based day treatment center dedicated to the prevention and treatment of behavioral health, substance abuse and co-occurring disorders. CPI's comprehensive program is designed as an alternative or a step down from inpatient care and residential treatment. We provide a partial care setting for our mental health clients. CPI is designed to follow ASAM protocol for levels of care for substance abuse and co-occurring clients in an outpatient setting (Partial Care, I.O.P. and O.P.). We offer a variety of groups to address the needs of the mental health, substance abuse and co-occurring disorder client including symptom management, substance abuse education, relapse prevention, social skills, pre-vocational and medication education and counseling. CPI

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works with DAS initiatives including SAI and Drug Court. We coordinate our services through NJSAMS system, DAS (SAI, Drug Court), community resources including residential treatment programs, housing, hospitals, probation and others. CPI's primary goal is recovery management for our mental health, substance abuse and co-occurring community members. We program into our daily structure relapse prevention, wellness recovery and illness management recovery groups to support this aim. Each client receives a comprehensive DMHS and DAS approved biopsychosocial assessment and is an integral part of their individualized recovery plan. Clients in DAS initiatives also receive an NJSAMS assessment. Each client adheres to a personalized treatment process. **Contact Information: 973-673-3342**

East Orange General Hospital: The Adult Partial and Acute Partial Hospital Program, located in the East Pavilion, are designed to benefit those who need a higher level of care than out-patient treatment but whose symptoms do not warrant in-patient treatment. This program is also ideal for clients ages 18 and older and their families who suffer from emotional and behavioral health challenges, who need to transition from in-patient psychiatric care to their community. Clients attend daily group therapy, as well as, a variety of psycho educational groups that focus on skill building, identification and management of mental illness symptoms. The Partial Hospital Program is the most intensive out-patient mental health treatment service available. It provides up to 6 hours of therapy each weekday. Each Partial Hospital patient is evaluated by both Partial Hospital staff and a psychiatrist, so that an individualized treatment plan can be developed to meet the specific needs of the patient. Patients are encouraged to attend all five days. Specific programs are tailored to the needs of the young adult, the older adult and individuals actively preparing to return to work and to the community. **Contact Information: 973-414-3489/973-414-6698.**

Fed Cap: To create opportunities for people with barriers to move toward economic independence as valued and contributing members of society. Each year Fedcap's evaluation, vocational training, job placement and counseling services, and employment, support and advocacy programs, help more than 40,000 Americans overcome obstacles, rebuild their lives, and find and keep meaningful employment. **Contact Information: (973) 325-1200**

The New Essecare of NJ, LLC: provides rehabilitative services, support, counseling, case management, and psychosocial services to adults ages 18 or older with a mental illness. The program is open Monday through Friday from 8:45am to 3:15pm. We also offer a MICA tract (Mentally Ill Chemically Addicted) which offers specialized intensive substance abuse treatment and maintenance. We offer same day intake assessments and transportation to and from program. For anyone who would like to explore and prepare for new possibilities or to return to the workforce we offer a variety of prevocational training. **Contact Information: 973-414-0091**

Mt. Carmel Guild: This program provides comprehensive, individualized day treatment services to adults with serious and persistent mental illness and substance abuse/dependence. This program provides a structured and supportive environment for clients who require monitoring of their daily living, symptoms, and medication. This program enables clients to achieve their maximum level of functioning within the community while minimizing or preventing psychiatric hospitalizations. Services include pre-vocational activities, medication monitoring, case management, graduate groups, and aftercare. **Contact Information: 973-596-4190/973-596-3975.**

New Hope Behavioral Health Center: The Program is designed to provide intermediate care for adults an effort to provide complete wellness. Groups are designed to Encourage Independence to Foster

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Socialization, Wellness & Recovery. When it comes to our business, we offer our customers a powerful resource and a recipe for success. **Contact Information: (973) 373-5100**

New Horizons: Contact Information: (973) 484-3800

North West Essex: Contact Information: (973) 450-3100

Hackensack University at Mountainside Hospital: The comfort of home with intensive therapy Acute Partial Hospitalization is available to adults Monday-Friday from 9 a.m. - 2 p.m. We offer limited free transportation. Medicaid, Medicare and most insurance plans are accepted. **Contact Information: 973-429-6775**

Prospect House: Prospect House is a program designed to meet the needs of individuals who have been psychiatrically hospitalized and those with a severe and persistent mental illness. Our mission is to promote the highest functioning and quality of life. Our hours of operation are from 9am-3pm Monday through Friday. Social Program is from 3pm-7pm on Wednesday. **Contact Information: 973-674-8067**

Rutgers University of Medicine and Dentistry of New Jersey: The Adult Acute Day Hospital (AADH) provides psychiatric services to adults who are able to return to the community but continue to require significant clinical intervention. Extended Partial Hospitalization is an all day program that provides treatment, supports and habilitation services for those who suffer from severe and persistent mental illness, with the goal of integrating the client back into community life. Our programs are part of the University Behavioral HealthCare system; a premier system of comprehensive hospital and community based services. **Contact Information: 800-969-5300**

Sunrise Care: Contact Information: (973) 483-1119

Strivewell Behavioral Health Center: (Effective January 2015 this program is operating at the New Horizons site until a new location is finalized) **Contact Information: (973) 372-5550**

Wellness House: Intensive outpatient treatment program for Essex County Adults experiencing mental illness, including those with co-occurring substance abuse or developmental disabilities. Individuals receives 9 to 12 hours of treatment each week including: Individualized Treatment Planning, Individual Therapy, Family Therapy, if desired Psychiatric Services & Medication Management, Therapeutic, Psycho-Educational and Skills-Building Groups, Bi-Lingual Services in Spanish Co-Occurring Substance Abuse Treatment, if needed, On-Site Peer Specialists, Life Enhancement Activities Case Management and Assistance with Concrete Needs, Transportation Assistance, and Healthy Meals. **Contact Information: 973-380-0366**

Outpatient Mental Health Services:

Airmid Counseling Services: The facility offers alcohol and drug treatment, but specializes in drug and alcohol counseling. The programs offered at Transformations deal with handling more than thirty different types of drug addictions and alcoholism. Airmid Counseling Out Patient Services offers rehabilitation programs that range between 30-90 days in duration. The facility offers clients a wide and diverse array of therapeutic programs to meet the needs of each patient. With personalized and individual treatment plans, each client is given the necessary tools and skills to resist drugs and alcohol

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and stay clean and sober. Utilizing a three phase treatment plan, Transformations staff has years of experience handling a wide array of addiction issues. After carefully considering the benefits of Out Patient and behavior modification components, the facility combines each to ensure the best outcome possible for clients. **Contact Information: 973-678-0550**

The Bloomfield Division of Human Services: municipally funded outpatient mental health and social service center for Bloomfield residents. Individual, couple, family, or child/adolescent counseling is available, as well as home based counseling for seniors and people with disabilities, play therapy for children as young as four, and school based counseling as requested. Psychiatric services are also available for psychiatric assessment and medication monitoring. Services are devoted primarily to uninsured and underinsured in the Bloomfield community, and no one is refused services due to an inability to pay. In addition to mental health counseling, the Division also provides social services to Bloomfield and Glen Ridge residents, including benefits screenings and information/referral services, and senior services to help seniors remain independent in their own homes. Bilingual services are also available, as well as a Certified Application Counselor and SHIP counselor to assist residents with applying for and understanding their health insurance options. The Division also houses the Neighbor to Neighbor Network, a nonprofit organization that collaborates with community organizations, local citizens, and businesses to recruit volunteers who provide resident services not available through traditional programs. The NTNN also sponsors the Family Day Nursery in Bloomfield. **Contact Information: 973-680-4017.**

Center for Low Cost Psychotherapy: CLCP is open to individuals 18 years of age and older who can benefit from therapy but cannot afford to pay private practitioners' fees. Typical problems include anxiety, depression, family conflicts, and problems at work or at school and adjustment problems. **Contact Information: 973-509-9777**

Cooperative Counseling Services, LLC: In addition to Intensive In-Community services, Cooperative Counseling Services, LLC is committed to helping youth with emotional-behavioral health concerns, maintain stability and achieve personal goals in an Outpatient setting. Treatment, care and support services are provided in a context that is youth centered, family-focused, strength based, culturally competent and responsive to each child's psychosocial, developmental, and treatment care needs. Youth and their families are involved in every step of the treatment process and drive the goals, interventions and strategies. Outpatient Program Provides:

- Individual, family and group therapy for children, ages 3 to 20, and their families in a safe and nurturing environment
- Psychiatric Evaluations and Medication Management provided by a Board Certified Psychiatrist and APRN
- Clinicians with the following licensures; LCSW, LPC, LSW, and LAC
- Outpatient services for children and adolescents struggling with various issues such as depression, anxiety, defiance, anger, ADHD, bullying, and interpersonal relationships
- Highly skilled, caring professionals specializing in Trauma, Family Therapy, CBT, Play Therapy, and Grief Counseling
- Spanish and Portuguese speaking clinicians
- Afternoon and evening appointments

Contact Information: CSOC System Partners: Please call 908-731-7099 x 313 or email referrals to IntakeCoordinator@CooperativeCS.com or fax to 908-731-7102. Families: Please call 908-731-7099 x

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313 to complete a brief screening and schedule an appointment. Schools and other Agencies: Call 908-731-7099 x 313 or email referrals to IntakeCoordinator@CooperativeCS.com or fax to 908-731-7102; Outpatient Reception: 908-731-7100; Intake Coordinator: 908-731-7099 x 313, Fax: 908-731-7102, 1050 Route 22 West, Mountainside, NJ 07092. www.cooperativecs.com

North West Essex Community Health Care Network: The Program follows a Wellness and Recovery Model, focusing on self-direction and individualized treatment. The Program promotes empowerment and instills hope. Our trained therapists conduct a comprehensive assessment to get at the root of the problem. We have competent and caring psychiatrists and an APN who perform evaluations to determine if medication monitoring is an option. After the assessment is complete, we work with you to develop and implement a recovery plan to best meet your needs. If an individual needs a different level of treatment or expertise, referrals are given. **Contact Information: 973-450-3100**

COPE Center: When an individual is entered into an outpatient treatment program they attend meetings at a facility on a regular basis. However, they do not live at the treatment facility. Outpatient treatment services at COPE include individual and family counseling, Art/Play Behavioral Health program for children; anger/stress management programs for adults and for adolescents, EMPOWER (girls social skills and leadership development), Building Blocks (a specially designed program for adolescents and parents/guardians) and more. **Contact us at 973-783-6655**

East Orange General Hospital: The Adult Outpatient Behavioral Health Program at East Orange General provides intensive out-patient programs for adults (18 years and older) who do not require 24-hour supervision provided by an in-patient program, but require intensive intervention not provided in traditional out-patient settings. Most patients are admitted for treatment of depression, mood disorders, anxiety disorders, chronic suicidal ideation, co-occurring disorders (psychiatric and substance abuse disorders), personality disorders and family/interpersonal conflicts. **Contact Information: 973-266-2900/974-414-6750**

Family Connections: Individual, family and group counseling at Family Connections for people of all ages to develop the insights and coping skills they need to strengthen their individual and family health and success. Program components include individual, family and group counseling; play therapy; psychiatric evaluations and medical monitoring when needed; case management to assist with concrete needs. **Contact Information: 973-675-3817 ext. 380.**

Irvington Counseling Center: The Irvington Counseling Center was established in 1961 with the goal of providing a variety of mental health services to the residents of Irvington and the surrounding communities. It is our belief that all persons should be given every opportunity to receive therapeutic mental health services. **Contact Information: 973-399-3132**

Main St Counseling Center: Opened in 1980 and for 35 years now services have been provided in Spanish and English; admissions intakes are free and conducted on the phone. MSC is dual licensed by the State of New Jersey as an Addictions and Mental Health provider. Services are accepted by Medicaid and Medicare, building is also handicapped accessible with a 20 car private parking lot and close access to bus lines. **Individual therapy**-meets with a therapist one-on-one for help with problems relating to relationships, work, depression, anxiety and other issues best dealt with independently. **Couples therapy**-meet as a couple to discuss relationship issues such as communication and trust. Couple counseling will be effective for any couples, not just those that are formally joined. **Family therapy**-

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meet as a family to discuss the family's functioning overall. Often it may seem like just one member of the family has the problem, but all family members are affected. **School counseling**-provides group and individual counseling services in several area schools and after-school programs. **Contact information: 973-736-2041.**

Mental Health Resource Center: Mental Health Resource Center is one of three branches of Care Plus NJ Inc., which provides comprehensive, recovery-focused mental health and substance abuse services in Northern New Jersey. The center treats children and adults as well as families. **Contact Information: 973-744-6522/Intake: 201-986-5000**

Montclair Counseling Center: we offer a broad spectrum of mental health services, educational workshops and consultations throughout the greater Essex County, NJ area. At MCC we are uniquely qualified to meet the needs of individuals, couples, children and their families. Our staff of experienced licensed clinicians includes Clinical Social Workers, Professional Counselors, Marriage and Family Therapists, and Psychologists, who offer a wide range of treatment options. Our therapists work as a team using a collaborative approach to support the whole family with the goal of enhancing relationships. Our professional fees are reasonable and there is a standard fee. We do not participate in insurance networks but many health care plans will reimburse our services. A sliding scale is available when there is financial need. **Contact Information: 973-783-6977**

Nutley Family Service Bureau: We provide individual, family, couple and group counseling. Challenges such as: stress, anxiety, depression, grief, marital problems, divorce, attention deficit, bipolar and other related disorders, communication problems, anger management, self-esteem issues, family relationships, parenting, single parenting, conflict resolution, school and work issues, problem solving, physical and sexual abuse, and aging and its impact. **Contact Information: 973-667-1884**

Hackensack University Medical Center at Mountainside Hospital: Our Outpatient Programs provide individual and group therapy for children as early as age 5, adolescents, adults and seniors. Our hours of operation are Monday through Friday with evening appointments available as needed. Medicaid, Medicare and most insurance plans are accepted. **Contact Information: 973-429-6775.** Intensive Outpatient services are provided as step-down treatment for patients who do not qualify for Partial Hospitalization, but require more intensive services than those available in an outpatient program. This program usually operates three mornings per week with group and individual therapy as well as medication intervention. Services are available Monday through Friday. **Contact Information: 973-429-6121**

Mt. Carmel Guild: Outpatient services consist of a full continuum of services for adults with behavioral health problems. Our goal is to assist you in addressing and coping with problems which have made life difficult to manage. **Contact Information: 973-596-4190**

Newark Beth Israel: Outpatient counseling services are a critical bridge to continued progress and a return to maximum functioning. Outpatient counseling services include psychiatric assessment, individual therapy, group therapy, marital/couples therapy, family therapy, psychotropic medication treatment and substance abuse counseling. Bilingual and multicultural therapists are available. **Contact Information: 973-926-7026**

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Saint Michael's Medical Center: Intensive Outpatient Program-Program runs three to four days per week from 10:30am to 1:30pm. Program typically runs 12-16 weeks and provides clients with van transportation. **Outpatient Services**-Clients receive treatment (medication and therapy) typically 1-3 hours per week. **Contact information: Phone Intake (800) 211-5927; 973-877-5000 x6762**

Rutgers University Behavioral HealthCare: Outpatient services include psychotherapy, psychiatric evaluation, medication management and monitoring, case management, assessment, and referral. Individual, couples, family, and group psychotherapy as well as psychopharmacological treatment are available. When necessary, medication monitoring, neuropsychological testing, laboratory test of blood and/or urine, and random drug screens are provided. When clinically indicated, referrals are made for acute mental health/substance abuse services and for acute medical services. Treatment is delivered by board certified psychiatrists and licensed mental health professionals and is primarily focused on serving persons with serious and persistent mental illness. **Contact Information: 800-969-5300**

Family Service Agencies/Support Services:

Family Connections, Inc.: community-based counseling and family service agency with over 30 specialized programs for all ages from infants to seniors. We deliver research-based therapeutic services in our offices and on-site in preschools, schools, shelters, and directly in the home. We go the extra mile to improve the quality of life throughout our community by reducing child abuse, drug abuse, gang involvement, and crime; by increasing social and coping skills, school success, and employability; by healing emotional pain and helping individuals and families become strong and independent. **Contact Information: 973-675-3817**

Family Service Bureau of Newark: The Mission of FSB is to preserve, support, strengthen and enrich family life through prevention, intervention and community education programs. Assist families, children and individuals to realize their full potential. We offer comprehensive services to youth, families and individuals who live and work in Essex and West Hudson Counties. Family Service Bureau is staffed by culturally diverse clinicians and other mental health professionals. **Contact Information: 973-412-2056.**

Family Service League: Bloomfield: Family Service League provides counseling for families and individuals in the Newark area and throughout Essex County. This organization offers support for domestic violence, a rape care center, family day nursery, community wellness program and other services. **Contact Information: 973-743-3737. Montclair:** Family Service League has been providing counseling, education and social services to the residents of Essex County since 1881. It counsels individuals, children, couples and families. No one is turned away because they cannot pay. In fact, many services are free, but a sliding scale is used to determine fees. Some of the issues they treat are anxiety, anger, depression, violence, loss, stress, eating disorders and substance abuse. The League has close to 30 dedicated members on staff. **Contact Information: 973-746-0800**

Jewish Family Services: Counseling is provided to assist individuals and families who are struggling with communication difficulties, life cycle transitions or loss and bereavement. JFS offers individual, couples, child, family and group counseling at any JFS office location or at the client's home, if indicated. Counseling services are facilitated by licensed clinical social workers and licensed social workers or licensed professional counselors. Consulting psychiatrists complement the scope of this service. The goal of the JFS counseling service is to promote the highest level of functioning and to assist

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individuals and families to return to their own control and mastery of life's issues. Frequently, a consultation with a JFS social worker is sufficient to guide individuals through an issue or problem.

Contact Information: 973-637-7170.

Main Street Counseling Center: meet as a family to discuss the family's functioning overall. Often it may seem like just one member of the family has the problem, but all family members are affected. **Contact Information: 973-736-2041**

Newark Emergency Services for Families: committed to providing quality services to individuals and families who need assistance with emergency food, clothing, shelter, utilities, rent, and other basic necessities during times of crisis. The homeless, the working poor, seniors, individuals with HIV/AIDS, and those affected by fire, eviction, or domestic violence remain our primary focus. When there is nowhere else to turn, individuals can come to NESF. We are a safety net to the community providing service with compassion, dignity, and respect. **Contact Information: 973-639-2100/1-800-696-7063**

Nutley Family Service Bureau: The mission of the Nutley Family Service Bureau is to promote the emotional and social well-being of individuals and families through counseling, and to provide community outreach programs, guidance and information regarding other available social services to the community. Social services programs and workshops offered: teen leadership workshop for boys/girls, social skills workshop, senior connections, community outreach for food. **Contact Information: 973-667-1884**

Statewide Parent Advocacy Network: All families in New Jersey will have the resources and support they need to ensure that their children become fully participating and contributing members of our communities and society. The mission of the Statewide Parent Advocacy Network is to empower and support families and inform and involve professionals and others interested in the healthy development and education of children and youth. **Contact Information: 973-642-8100/ 1-800-654-SPAN (7726)**

Intensive Family Support Services: The purpose of intensive family support services is to improve the overall functioning and quality of life of families with a relative with a serious mental illness. Family members and professionals work collaboratively to provide each family with the knowledge, skills and supports, which they identify as useful to a family's overall functioning and sense of control. This purpose shall be achieved through reaching out to relatives and others closely involved in and concerned about their family member's daily functioning and offering them a choice of supportive activities, which are family driven, accessible, and flexible in frequency, location and hours of delivery. **Contact Information: 973-509-9777**

National Alliance for the Mentally Ill (NAMI): We offer suggestions, monitor care and conditions and advocate for those who are unable to advocate for themselves. We are affiliated with NAMI, NJ and NAMI National. We attend local and national conferences to learn more about the latest treatments and research results. Some of our members sit on State Committees where we advocate for legislation related to mental illness, testify at hearings and bring back information to our members. Since our inception, we have been working hard to advocate on behalf of not only the mentally ill but for the families and friends who share deeply in their care. We meet once a month where we come together to support one another and to also hear speakers on various topics related to mental health. **Contact Information: 973-731-6113**

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Family Support Organization: dedicated to ensuring that families have a voice at all levels of the child behavioral health system of care. We provide peer support, education and advocacy for parents and caregivers of children who have emotional and/or behavioral challenges. Our goal is to empower parents and caregivers to take control of their lives by building on their strengths and supporting them where needed. **Contact Information: 973-395-1441.**

Youth Development Clinic: 55 year old non-profit professional services organization dedicated to providing services to children and their families in Essex County and surrounding communities. Strengthening Children and Families: we work in close partnership with educational/social services organizations to meet the behavioral and mental health needs of families. Helping to Create Competent Learners: Our goal is to use empirically based and culturally relevant methods to cultivate the social, emotional, and educational well-being of children and their families in the communities in which they live. A licensed outpatient provider for children and their families which offer behavioral health counseling for children and youth, and their parents/caregivers as individual and family therapy. Provide bilingual counseling in Spanish, Creole, Hindi, and Bengali. Currently accepting Medicaid. **Contact information: 973-623-5080**

Drop-In Centers/Self Help Groups:

"Thursday's" at MHAEC: "Thursday's" is intended for adults, ranging in age from 18 and older that have significant mental illness and need to improve their social support network. "Thursday's" operates out of the MHAEC building in Montclair, utilizing the unoccupied space of the MHAEC boardroom on Thursday evenings. With no specific catchment area and with its open door policy, "Thursday's" welcomes all mental health consumers from the local and surrounding communities. **Contact Information: 973-509-9777**

Family Success Center of Orange: A community-based, family-focused support center, open to all residents of Orange and surrounding towns. A storefront family-centered neighborhood gathering where anyone can go for family support, information, and services. Program components include food pantry referrals; clothing assistance; housing (utilities and apartment search); employment (job search skills, cover letter and resume assistance); legal assistance (immigration rights and housing advocacy); prescription assistance; parent-child activities; parent support groups; life skills workshops. The Center is open Monday and Thursday from 11:30 a.m. - 7:30 p.m., and Tuesday, Wednesday and Friday from 9:00 a.m. - 5:00 p.m. **Contact Information: 973-677-2500 ext. 202.**

Where Peaceful Waters Flow: Consumer-run self-help center that offers support and advocacy for mental health consumers. Provides resources, socialization, rap sessions, recreational activities, literature and phone help. Open Monday to Thursday from 2-7pm and Saturday from 9am to 4pm. **Contact Information: 973-677-7700**

East Essex Self Help Center: Consumer-run self-help center that offers support, discussions, computers, speakers, socializing and self-help groups for mental health consumers. Open Monday to Wednesday, 3-7pm; Friday, 3-6pm and Saturday 1-4pm. **Contact Information: 973-450-0347**

Depression and Bipolar Support Alliance-First Congressional Church: mutual aid support groups for individuals with mood disorders, and families and friends of such individuals. **Contact Information: 201-998-5751**

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MHA Essex Support Groups: The MHAEC implements three separate ongoing professionally facilitated bi-weekly support group for families who have an adult loved one with mental illness. **Contact Information: 973-509-9777**

New Jersey Self Help Clearinghouse: Database of over 900 national and international self help support groups for various health problems. **Contact Information: 1-800-367-6274**

Vocational Services:

Catholic Charities of the Archdiocese of Newark, The Boland Training Center: provides comprehensive vocational training to individuals who have disabilities. Services include vocational assessment and skills training. Eighteen to thirty-six week programs are offered in Building Services, Forklift Certification, Food Services (leading to Sanitary Food Handler's Certification) and Certified Nursing Assistant (leading to Certification in Long Term Care in New Jersey). Referrals to the Center come from various state and federal agencies. **321 Central Avenue, Newark, NJ 07102 (973) 268-3160**

The New Jersey Division of Vocational Rehabilitation Services (NJ DVRS): Provides services that enable individuals with disabilities to find jobs or keep existing jobs. Services include working with an individual to develop an appropriate vocational goal and then providing the services needed to reach this work goal. For Essex County - **990 Broad Street, Newark, NJ 07102, 973-648-3494**

Jewish Vocational Service (JVS): Provides comprehensive vocational rehabilitation services to individuals with disabilities who are unable to find or sustain employment and want to work either part or full-time. Skills training programs include Customer Service Skills Training and Microsoft Office Skills Training. Referrals to the Rehabilitation Center come from various state and federal agencies but tours can be arranged without a referral for anyone interested in learning more about the program. **111 Prospect Street, East Orange, NJ 07017, 973-674-6330 x 253**

Northwest Essex Community Healthcare Network Inc.: Provides vocational assessment and training for individuals who have disabilities and prepares them for competitive employment opportunities in the corporate, health, and business sectors. Referrals to the program come from various state and federal agencies. **83 Walnut Street, Montclair, New Jersey 07042 (973) 744-7733**

Supportive Employment Services: providing empowerment, uplifting and advocacy intervention measures that assist clients in reaching their individual goals of employment, financial independence, wellness and recovery. **Contact Information: 973-395-1000**

Substance Abuse Services:

Airmid Counseling Services: type of care and treatment-outpatient, intensive outpatient. Population served: adult men and women. Insurance: Medicaid, private health insurance, self pay (sliding scale), work first New Jersey (WFNJ). **Contact Information: 973-678-0550.**

American Habitare and Counseling, Inc.: type of care and treatment services-outpatient (groups), Opioid maintenance program (Methadone and Suboxone). Population Served: adult men and women.

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Contact information: 973-799-0508.

Bethel Counseling Services: type of care and treatment services-outpatient, intensive outpatient.
Population Served: adult men and women. Insurance: self pay/sliding scale, Medicaid, Medicare.
Contact information: 973-643-6565, 973-787-7214.

Clean & Cool: Comprehensive, evidence-based treatment at FAMILYConnections for youth involved with alcohol, drugs, and other high risk activities, building on their strengths to get youth off the streets and off of drugs, back with their families, back in school and into steady jobs. Program components include individual, group and family counseling; evidence-based life skills training to teach drug resistance, self-management and social skills; Survival Skills for Youth curriculum; gang intervention; art therapy; job skills training; incentive-based recreational field trips; co-occurring substance abuse and mental health treatment when appropriate. PLEASE NOTE: Clean & Cool is NOT suitable for youths with a history of violent crime or psychiatric hospitalization. **Contact Information: 973-675-3817 ext. 325.**

Consumer Friends Inc: Consumer Friends Incorporated Counseling/Consultation Services and we are state licensed by The Division of Mental and Addictions Services as an outpatient Ambulatory Care Facility to provide prevention, intervention and treatment for Behavioral/Mental Health Care and Substance Use disorders from Level 0.5 to 2.1 according to ASAM placement criteria. We also have an Anger/Stress Management program, Domestic Violence program, A Second Chance program and provide individual and group, family and marriage counseling. We also have a Returning Citizen Program for that provides mentorship, life skills, job coaching, placement and entrepreneurial development. We accept Medicaid, Most Third Party Insurances, and Self Pay on a Sliding fee scale. Telephone or walk in pre-screening, intake within 48 - 72 hours. **Contact Information: 973-678-3966**

COPE Center: provides a comprehensive array of Outpatient and Intensive Outpatient (IOP) level substance abuse services for both adults and adolescents; licensed since 1983. Also provided are parenting programs, parent support groups, trauma informed treatment services (including groups), early intervention and integrated co-occurring services. **Call 973 783-6655** for more information or an appointment.

CURA, INC.: **Two outpatient locations- 75 Lincoln Park, Newark, NJ. 973-622-3570.** Type of care and treatment services-outpatient, intensive outpatient. Population served: adult men. Insurance: Medicaid, self pay/sliding scale, Work First New Jersey (WFNJ). **61 Lincoln Park, Newark NJ. 973-622-3570.** Type of care and treatment services: outpatient, intensive outpatient. Population served: adult men and women. Insurance: Medicaid, self pay/sliding scale, Work First New Jersey (WFNJ). **Two inpatient locations: 35 Lincoln Park, Newark NJ 973-645-4396.** Type of care and treatment services: short-term residential (28 days), long term residential (90-190 days). Population served: men only, clients must speak Spanish to be accepted (bilingual accepted). Insurance: Medicaid, self pay/sliding scale, Work First New Jersey. **595 County Ave, Secaucus NJ 973-645-4396.** Type of care and treatment services: long term residential (90-190 days)/NO short term rehab. Population served: women only, clients must speak Spanish to be accepted (bilingual accepted). Insurance: Medicaid, self pay/sliding scale, Work First New Jersey.

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East Orange Substance Abuse: type of care and treatment services: opioid maintenance-outpatient, methadone intensive outpatient, general outpatient (limited services). Population served: adult men and women, pregnant/postpartum women. Insurance: Medicaid (limited number of slots), self pay/sliding scale, payment assistance, state funding. **Contact Information: 973-266-5200.**

Evergreen Addiction Program: type of care and treatment services: short term residential program. Program runs typically two week to a max of 21 days. Population served: adult men and female. Insurance: Medicaid, Medicare, and some private insurance accepted. Charity care available for those who qualify. **Contact Information: 1-800-730-2762**

Integrity House: Type of care and treatment services: Men's and women's long-term & short-term residential, adolescent long-term residential, men's halfway house, women's transitional housing, outpatient, intensive outpatient and partial care substance abuse treatment. Population: adult male and females, ex-offenders, homeless individuals, adolescent males. Integrity also offers educational and vocational assistance, housing assistance, mental health treatment, medication monitoring and HIV/AIDS/STD prevention education. No insurance needed for admission. Private insurance accepted if available. Funding for beds includes State funded slots, Drug Court, DYFS, Dept. of Corrections, Substance Abuse Initiative (SAI/Welfare) and sliding scale self-pay. Multiple treatment facilities are located on Lincoln Park & on Dr. Martin Luther King Blvd. in Newark and on the Meadowview Campus in Secaucus. Additional jail program is located in Hudson County Correctional Center for male and female inmates. Main contact number for admissions and more information is **973-623-0600**. Referrals are accepted from multiple sources.

Johnson and Associates Co.: type of care and treatment services: outpatient, intensive outpatient, assessment. Population served: adolescents, adult men and women, DUI/DWI offenders, criminal justice clients. Insurance: Medicaid, private health insurance, self pay/sliding scale, payment assistance, Work First New Jersey (WFNJ). **Contact Information: 973-677-7053.**

Living New Inc. /Real Families: type of care and treatment services: outpatient, intensive outpatient. Population served: adult men and women. Insurance: Medicaid, self pay/sliding scale, Work First New Jersey (WFNJ), Drug Court, no private insurance accepted. **Contact Information: 973-497-2471.**

New Directions Behavioral Health: type of care and treatment services: outpatient, MICA. Population Served: adult men and women. Insurance: Medicaid, some private insurance. **Contact Information: 973-242-6599.**

New Street Treatment Associates: type of care and treatment services: Opioid maintenance-outpatient, partial care/MICA treatment. Population served: women. Insurance: Medicaid, self pay/sliding scale, Work First New Jersey. **Contact Information: 973-373-2010.**

Newark Renaissance House, Inc: type of care and treatment services: outpatient, short-term residential, long-term residential. Population served: adult women, adolescents, criminal justice clients, child welfare reform plan. Insurance: Medicaid, private health insurance, state funding. **Contact Information: 973-623-3386.**

Outpatient Substance Abuse: Strengths-based substance abuse treatment at FAMILYConnections for adults at all stages of the recovery process, including individual and group counseling as well as co-

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occurring treatment for clients needing both mental health and substance abuse services. Program components include individual substance abuse counseling; group counseling including relapse prevention; family counseling when appropriate; co-occurring substance abuse and mental health treatment when appropriate. **Contact Information: 973-675-3817 ext. 351.**

Real House, Inc.: type of care and treatment services: outpatient, intensive outpatient (3 days a week), screening, assessment. Population served: adult women, pregnant/postpartum women. Insurance: Medicaid, private health insurance, self pay/sliding scale, payment assistance, Work First New Jersey. **Contact Information: 973-746-0487.**

Renaissance Challenge Training Center: type of care and treatment services: outpatient and intensive outpatient. Population served: adult men and women. Insurance: Medicaid, self pay/sliding scale. **Contact Information: 973-481-3431.**

St. Michaels Medical Center: type of care and treatment services: outpatient, MICA IOP. Population served: adult men and women, criminal justice clients. Insurance: Medicaid, Medicare, private health insurance, payment assistance, Work First New Jersey, Department of Youth and Family Services. **Contact information: 973-877-5000.**

Straight and Narrow: (Two locations) 508 Straight Street, Paterson 973-345-6000 x. 6637 or x.6000. Type of care and treatment services: long term residential. Population served: adult males. Insurance: sliding scale fee available, call for additional insurance information. **508 Straight Street, Paterson 973-345-6000 x.6229 or x.6000.** Type of care and treatment services: long term residential treatment. Population served: adult females. Insurance: sliding scale fee available, call for additional insurance information.

Strong Mothers: Intensive outpatient substance abuse treatment for women with children, including counseling, transportation & childcare assistance, so participants develop the skills to strengthen their recovery, improve their parenting, and better cope with life's challenges. Program components include: individual, group and family therapy; life skills training, parenting skills training, anger and stress management; addiction education and relapse prevention; co-occurring substance abuse and mental health treatment when appropriate; gender-specific counseling; coordination with DYFS; regular drug screens; yoga and other supportive activities; transportation assistance and meals. NOTE: Strong Mothers only accepts clients with open DYFS cases. **Contact Information: 973-763-2158 ext. 3.**

Strong Fathers: Intensive outpatient substance abuse treatment for men with children, including counseling, peer support, employability training, transportation and childcare to help fathers get off of drugs and stay clean while strengthening their parenting and life skills. Program components include: individual, group and family therapy; life skills training, parenting skills training, anger and stress management; addiction education and relapse prevention; co-occurring substance abuse and mental health treatment when appropriate; gender-specific counseling; coordination with DYFS; regular drug screens; yoga and other supportive activities; transportation assistance and meals. NOTE: Strong Fathers only accepts clients with open DYFS cases. **Contact Information: 973-675-3817 ext. 351.**

Summit Oaks Hospital: Inpatient Services: Summit Oaks provides a safe, supportive, non-judgmental environment for children, adolescents and adults who are experiencing acute behavioral health symptoms and desire to live a healthy lifestyle. Psychiatry: Adult Psychiatry — 28 Bed Unit. Child &

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Adolescent Psychiatry — 22 Bed Unit. Dual Diagnosis (Behavioral Health & Chemical Dependency) — 28 Bed Unit. At Summit Oaks, we offer short term programs for detoxification and rehabilitation. Currently the average length of stay for a patient in our drug detox program is 5 - 7 days and the average stay in our drug rehab program is 15 - 18 days. We are one of the few treatment centers that offer secure courtyards for patients who smoke cigarettes. Chemical Dependency: Drug & Alcohol Detoxification — 24 Bed Unit. Drug & Alcohol Rehabilitation — 20 Bed Unit. We also provide a clinically sound, multidisciplinary team led by a psychiatrist who monitors behavior and medication, as well as: Internists, Psychologist (Ph.D.), Certified Addiction Counselors, Licensed Clinical Social Workers, Registered Nurses, Licensed Practical Nurses, Recreational Therapists, Medical Health Associates. **Outpatient Services:** The intensive outpatient psychiatric, drug and alcohol, and dual diagnosis programs at Summit Oaks Hospital allow patients to get treatment for drug addiction, alcohol addiction, and psychiatric disorders while still maintaining work schedules, care for children or school attendance. The programs are geared to meet the individual needs of the client by providing group therapy and medication monitoring in a less restrictive environment. Conditions and symptoms we treat: Depression, Anxiety/panic, Drug abuse, Alcohol abuse, Anger, Chronic pain, Self-injury, Mood disorders, Post-Traumatic Stress Disorder, Suicidal thoughts, Grief and loss, Impulsive behavior, Sexuality issues. **800-753-5223.**

Team Management 2000, Inc CBO: type of care and treatment services: outpatient, intensive outpatient, screening, assessment. Population served: adolescents, adult men and women, pregnant/postpartum women, criminal justice clients, blind/visually impaired, disabled-physical, disabled-cognitive/developmental disability. Insurance: Medicaid, self pay/sliding scale, work first new jersey. **Contact Information: 973-324-2220**

The Bridge, Inc.: Two Locations: 14 Park Ave, Caldwell NJ 973-228-3000. Type of care and treatment services: outpatient. Population served: adolescents, women, DUI/DWI offenders. Insurance: private health insurance, self-pay/sliding scale, Medicaid accepted. **1065 Clinton Ave, Irvington NJ 973-372-2624.** Type of care and treatment services: outpatient, intensive outpatient. Population served: adult men and women, juvenile outpatient. Insurance: private health insurance, self-pay/sliding scale, Medicaid accepted.

The Lennard Clinic, Inc.: type of care and treatment services: opioid maintenance-outpatient, methadone outpatient detoxification, outpatient drug free treatment. Population served: adult men and women, pregnant/postpartum women. Insurance: Medicaid, Medicare, private health insurance, self pay/sliding scale. **Contact information: 973-596-2850.**

Turning Point: Turning Point, Inc. has 4 locations across NJ. 680 Broadway Paterson, NJ: outpatient and intensive outpatient services as well as detox and inpatient residential programs serving adults. 15 Bloomfield Ave. Verona NJ: outpatient and intensive outpatient services. Whitehouse Station NJ: halfway house for women. 610 Valley Health Plaza, Paramus, NJ: adult and adolescents for outpatient/intensive outpatient services in a partnership with CarePlus NJ. We accept all DMHAS FFS funding, DCI, DUI, SJI, RRI, MATI, we also accept SAI, major insurances, self-pay and have a variety of funding streams to help those who cannot afford to pay. 973-239-4600 - admissions 973-239-9400 - main office.

Work First New Jersey Substance Abuse Initiative/Behavioral Health Initiative (WFNJ SAI/BHI): Provides a comprehensive substance abuse and mental health assessment for Welfare eligible clients. Referral and payment for treatment, case management and advocacy with Welfare and

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DCP&P. Treatment counts as a work activity through Work First New Jersey. Contact Information: 18 Rector St. 6th Floor, Newark, NJ 07102. 973-733-2053.

Inpatient Psychiatric Units:

Clara Maas Medical Center: 22 voluntary inpatient beds for adult and geriatric patients, 24/7 crisis professionals available in the emergency room for psychiatric evaluation. 1 Franklin Ave, Belleville, NJ. Main Number: 973-450-2100; mental health services: 1-800-300-0628.

East Orange General Hospital: Voluntary and Involuntary beds. 300 Central Ave, East Orange, NJ. Main Number: 973-266-4478

Essex County Hospital Center: Involuntary beds-the receiving hospital for short term hospitals in Essex County. 204 Grove Ave, Cedar Grove, NJ 07009. Main number: 973-571-2800

Hackensack University Medical Center at Mountainside Hospital: Voluntary beds only, 24/7 crisis professionals available in the emergency room for psychiatric evaluation. 1 Bay Ave, Montclair, NJ. Main Number: 973-429-6969

Newark Beth Israel Medical Center: Voluntary and Involuntary beds, Dual Diagnosis inpatient unit. 201 Lyons Ave, Newark, NJ. Main Number: 973-926-7444

Rutgers University of Medicine and Dentistry of New Jersey: Voluntary and Involuntary beds. 150 Bergen St., Newark, NJ. Main Number: 973-972-7708

St. James Hospital: Voluntary and Involuntary beds. 155 Jefferson St., Newark, NJ. Main Number 973-465-2710

St. Michael's Medical Center: Voluntary beds only, Dual Diagnosis inpatient unit. 111 Central Ave, Newark, NJ. Access/Intake: 1-800-211-5927.

Mobile Psychiatric Crisis Screening:

East Orange General: CATCHMENT AREA: Suburban Essex (not Newark or Irvington). Mobile Crisis: 973-266-4479. Crisis Unit: 973-266-4478.

Newark Beth Israel: CATCHMENT AREA: Jail, South Ward of Newark and Irvington. Mobile Crisis: 973-926-7416. Crisis Unit: 973-926-7444.

RUMDNJ: CATCHMENT AREA: Central, West and North Wards of Newark (including court house). Mobile Crisis: 973-972-0480. 24 Hour Hotline: 973-623-2323.

New Jersey State Psychiatric Hospitals:

Ancora Psychiatric Hospital: 301 Spring Garden Road, Hammonton, NJ 08037. 609-561-1700

Anne Klein Forensic Center: Sullivan Way, West Trenton, NJ, 08628. 609-633-0900

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Greystone Park Psychiatric Hospital: 59 Koch Avenue, Morris Plains, NJ, 07950. 973-538-1800

Other Mental Health Services:

Assisted Outpatient Treatment Services: also known as Involuntary Outpatient Commitment (IOC) is a program that provides court ordered mental health treatment, intensive case management and assistance to a select group of mental health consumers who have been resistant and have had difficulty engaging in outpatient treatment. The goal of AOTS is to enable these consumers to live safely in the community, to avoid repeated inpatient hospitalizations and/or incarcerations, and to ensure that they have access to comprehensive outpatient services. Through the use of a court-ordered treatment plan, consumers have the opportunity to better engage in consistent, ongoing treatment and to ultimately graduate to less restrictive mental health services. **Contact information:** 973-842-4141

Cooperative Counseling Services, LLC: Intensive In-Community (IIC) Services: Cooperative Counseling Services, LLC is an Intensive In-Community Service provider within the Division of Children's System of Care (DCSOC). Services are delivered to youth with behavioral health needs and are designed to help maintain children in the least restrictive setting and to preserve their home environment. Services are also provided to children and youth who are returning from out-of-home care or psychiatric hospitalization and require intensive community based services, or are at imminent risk of placement due to mental health issues, emotional disturbance, or substance abuse. A team of highly dedicated licensed clinical therapists and certified behavioral assistants are matched with families and youth who request services and work to help them meet their individualized goals. Service plans are developed with the family and youth to ensure that goals are measurable, short-term and solution focused. Our IIC Staff: Caring and compassionate licensed clinical independent contractors in the following fields: LCSW, LPC, LMFT, LCADC, LAC, LSW; Clinical staff that specialize in: Trauma; Substance Abuse; Family Therapy; Adoption, DBT; DD; Play Therapy & Grief Counseling; Clinical staff certified to provide: Bio-Psycho-Social Needs Assessments and Substance Abuse Evaluations; The stabilization of foster placements or children placed with relatives; Skilled independent contractors who focus on improving parenting skills and the development and implementation of behavior modification strategies; DCSOC certified behavioral assistants; Youth mentors; Sophisticated knowledge of DCSOC and the system of care; Years of experience with psychiatric, behavior and emotional disorders. **Contact information:** CSOC System Partners: Please email referrals to Referrals@CooperativeCS.com or fax to 908-731-7102. Families: Please call PerformCare 1-877-652-7624 to determine if your child meets criteria for IIC Services. Schools and Other Community Agencies: IIC Services are voluntary and families must be present to request services through PerformCare. You may contact PerformCare with the family to help expedite services. HQ/IIC Office: 908-731-7099, Service Coordinator: 908-731-7099 x 300, Fax: 908-731-7102, P.O. Box 1301, Mountainside, NJ 07092 www.cooperativecs.com.

Integrated Case Management Services: provides community- based ("In Vivo"), assertive and client-oriented outreach and monitoring. ICMS serves persons diagnosed with a serious and persistent mental illness who need assistance, support, advocacy, referral, and intervention in all areas of maintenance for management of mental health. **Contact Information:** 973-676-9111

Mount Carmel Guild Integrated Case Management Services: provides case management services designed to engage and support consumers while striving to help them integrate into the community.

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Case Managers work with consumers to facilitate access to and utilization of needed resources and supports. ICMS Services include outreach, assessment, linkage to community resources, crisis intervention, substance abuse education and intervention, psycho-education, and advocacy. Services are available on a 24 hour, 7 days per week basis through an on call system. **Contact information: 973-522-2100**

North Jersey Community Research Initiative: NJCRI is a comprehensive social service agency located in Newark NJ. We provide medical care, clinical trials, HIV counseling and testing, mental health counseling, psychiatric/medication management, substance abuse counseling, support groups, medical case management, homeless drop-in center, LGBTQ drop-in center, food pantry and needle exchange **Contact Information: 973-483-3444 For mental health services call: 973-483-1065**

Program of Assertive Community Treatment: help consumers to fully utilize all necessary community resources, avoid re-hospitalization and maintain quality of life. An interdisciplinary team closely follows the consumer's community adjustment and offers in-home and community-based outreach services such as: support, education (on symptoms, medication, coping skills, substance abuse, and relapse prevention), Psychosocial Rehabilitation, Case Management, Community Resource Linkage, and psychiatric services. In operation 24 hours a day, 7 days per week, **Contact Information: 973-466-1300.**

Penn Station Crisis Intervention Project: Geared to assist homeless individuals obtain resources and services in an effort to end homelessness. **Contact Information 973-491-8721**

Emergency Shelters/Services:

Apostles' House: Families with children, Welfare/Agency referral, Support Services for ex-offenders. Intake is 8am to 3pm. **16-18 Grant Street, Newark, NJ 07104 973-482-8865**

Babyland Family Violence Program: Shelter and housing services for domestic violence, women and children, men and women who have experienced domestic violence, counseling, community based support, legal advocacy services. **755 South Orange Ave, Newark, NJ 07106 973-484-1704. 24 hour hotline: 973-399-3400**

Circle of Life Shelter: Call ahead for available beds-Single men and women. Intake: Monday and Wednesday after 4pm, Tuesday, Thursday and Friday 9am to 4pm. **55 Tillinghast Street, Newark, NJ 07108 973-223-8488/973-885-0153**

East Orange Community Development Corporation: Serves the Oranges-Shelter, rental, mortgage, utilities, relocation, and case management services. Intake Monday through Friday 9am to 1pm. **490 Main Street, East Orange, NJ 07017 973-266-5315**

Fairmont Health Services: Welfare referrals accepted. Intake 4:30pm to 6pm. **202 Fairmont Ave, Newark, NJ 07103 973-821-5300/973-643-7705**

Goodwill Rescue Mission: Referral, call and walk-ins accepted-Men 21 and over must have ID. Sign-in 3pm-7:30pm. **79 University Ave, Newark, NJ 07102 973-621-9560 ext. 30**

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Gospel Services Benevolent Society: Essex DYFS/Welfare referrals accepted. Office open 10am to 4pm.
175 Munn Ave, Irvington, NJ 07111 973-375-8900

Helping the Homeless: Referrals/Welfare Voucher, walk-ins must obtain voucher. Men and women over 18 years old. **269 Mt. Prospect Ave, Newark, NJ 07104 973-483-9377**

Integrity, Inc: Transit Housing/Ex-offenders, intensive case management for female ex-offenders. **103 Lincoln Park, Newark NJ 07102 973-623-0600**

Interfaith Hospitality Network: Referrals only (no walk-ins accepted) - 30 day Shelter for families. Case management provided. Telephone prescreening-Monday through Friday 10am to 4pm; In-person intake: Monday through Friday 12pm to 3pm. **46 Park Street, Montclair, NJ 07042 973-746-1400.**

Isaiah House: Shelter for women with children (Referral from Welfare of DYFS needed), HIV single females (no referral necessary). Provides HIV rental assistance, mortgage assistance and utility assistance. **238 North Munn Ave, East Orange, NJ 07017 973-678-5882 ext. 3019**

Irvington Neighborhood Improvement Corporation: Services to homeless individuals and ex-offenders.
346 16th Ave, Irvington, NJ 07111 973-416-0909

Joi's Angels: Temporary short to long term transitional housing for SSI recipients and working seniors. Call for appointment Monday through Friday 9am to 5pm. **114 South Arlington Ave, East Orange, NJ 07018 973-395-4348/973-715-9989**

La Casa De Don Pedro: Homeless prevention/case management. **23 Broadway, Newark, NJ 07104 973-483-2703.**

Missionaries of Charity: Call for available beds-referrals needed-serves adult females. Intake: 4pm Monday through Sunday, Not Thursday. Night shelter-3 week stay maximum. **60 Jay Street, Newark, NJ 07103 973-483-0165/973-481-9056**

Newark Day Center: Homeless prevention services. Call for appointment Monday through Friday 9am to 5pm, no walk-ins. **43 Hill Street, Newark, NJ 07102 973-643-5710**

Newark Transitional Corporation: Shelter for women-Welfare referrals only. **212 Peshine Ave, Newark NJ 07108 973-242-1119;** Shelter for men-Welfare referrals only. **198 Clinton Ave, Newark, NJ 07108 973-242-8317**

Newark YMCA/ERP: Shelter for families, adult men and women, youth emergency shelter, emergency residence program, case management services provided. Referrals from NESF/Welfare, Health and Human Services, SSH, DYFS, CMO and contracted agencies. **600 Broad Street, Newark, NJ 07102 973-624-8900 24 hour hotline**

Newly Destined I: Single men and women-referrals from Welfare needed. Supportive Services available. Intake is Monday through Friday 8am to 10pm. **1114 Broad Street, Newark, NJ 07102 973-242-8088.**

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Newly Destined II: Single men and women-referrals from Welfare needed. Supportive Services available. Intake Monday through Friday 7am to 11pm. **345 Washington Street, Newark, NJ 07102 973-624-7244**

New Community Harmony House: Transitional housing and supportive services for families. **278-282 South Orange Ave, Newark, NJ 07103 973-623-8555**

Positive Health Care, Inc: Shelter and supportive services for families and individuals diagnosed with substance abuse, HIV, AIDS; Permanent housing for HIV/homeless families; Transitional housing for men; case management and supportive services for ex-offenders; offers emergency services. **333 Washington Street, Newark, NJ 07102 973-596-9667**

Project Solutions-St. Rocco's: Shelter for adult males-referrals, photo ID and social security card needed. Intake 7 days a week 9am to 5pm. **712 Springfield Ave, Newark, NJ 07103 973-371-5266**

Project Solutions II: Shelter for women with children-referrals from Welfare and IC needed. Intake: 5 days 7am-6pm. **355 South 6th Street, Newark, NJ 07103 973-353-0707/24 hour hotline 973-353-0005**

Real Families: Shelter for single men-Welfare referrals needed. Intake 8am to 3:30pm. **655 Clinton Ave, Newark, NJ 07107**

Real Families II: Single men and women-Welfare referrals needed. Intake Monday through Friday 9am to 3pm. **15 South 9th Street, Newark, NJ 07107 973-497-9300**

Safehouse: Domestic Violence Shelter-no referral necessary. **24 hour hotline 973-759-2154**

Sierra House: Transitional housing for women ages 18-25 years old, walk-ins accepted. Intake: Thursday 6pm to 8pm. **11 South Maple Ave, East Orange, NJ 07018 973-678-3556**

St. James Social Services: Homeless prevention services/case management. **600 Dr. MLK Jr. BLVD, Newark, NJ 07102 972-624-4007**

St. Rocco's Family Shelter Residence: Referral from agency, welfare, or NESF needed-shelter for women who are pregnant or women with children. Short term emergency housing and supportive services available. Intake Monday through Friday 9am to 4pm-No walk-ins. **368 South 7th Street, Newark, NJ 07103 973-286-4175/973-286-4179**

The Restoration Center, Inc.: Shelter for men and women ages 18 and over. Referrals needed from welfare. Offers transitional housing and training center. **300 South 12th Street, Newark, NJ 07103 973-622-4934**

The Salvation Army: Homeless prevention services and case management. **45 Central Ave, Newark, NJ 07102 973-623-5353**

The Salvation Army Cornerstone Shelter: Shelter for adults and families from suburban Essex-referrals needs. Case management and homeless prevention services provided. **13 Trinity Place, Montclair, NJ 07042 973-746-1400/972-744-3312**

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TPCS Transitional Housing Program: Single women with children-homeless prevention and case management services-Welfare referrals needed, some charity care offered. **982 Grove Street, Irvington, NJ 07111 973-374-7838**

United Community Corporation: Shelter and supportive services for adults 18 years and older-Essex County residents' only-ID needed. Walk-ins-must be in line by 4:30pm. Shelter hours 4pm-7:30am. **31 Fulton Street, Newark, NJ 07102 973-621-7209/973-621-8295**

Urban Renewal Corporation: Shelter and case management for adults, pregnant women ages 18-21, handicapped individuals, Non-English speaking individuals-call for available beds-referrals from all sources if income eligible. **224 Sussex Ave, Newark, NJ 07103 973-483-2882 ext. 144**

Vision of Hope: Homeless prevention and case management provided. Call first-Monday through Friday 9am to 4pm. **106 Sussex Ave, Newark, NJ 07103 973-622-4547**

Women in Need (WIN): Transitional housing and supportive services for domestic violence victims, welfare recipients, and the working poor. Call first. **New Community Harmony House 278-282 South Orange Ave, Newark, NJ 07103 973-623-8555**

Food Pantries/Soup Kitchens:

Bloomfield:

BETHEL REHOBOTH FOOD PANTRY AND MEAL CENTER: 55 Lawrence Street, Bloomfield, NJ 07003
Phone: 973-566-9100. **Hours:** *Food Pantry* -- 2nd & 4th Sat: 11am-1pm; 1st & 3rd Thurs: 6-7pm
Meal Center: Thurs: 5-7pm

BLOOMFIELD PRESBYTERIAN CHURCH ON THE GREEN: 147 Broad Street, Bloomfield, NJ 07003
Phone: 973-743-1796. **Hours:** Wed & Fri: 9:30-11am. *This site provides a food pantry.*

CHRIST EPISCOPAL CHURCH: 422 Main Street, East Orange, NJ 07108. **Phone:** 973-678-1160. **Hours:**
Office -- Mon, Wed, Fri: 10am-1pm; *Food Pantry* -- Wed: 10am-12pm; *Soup Kitchen* -- Sat: 12-1pm;
Clothes -- Sat: 10-11:30am

East Orange

EAST ORANGE COMMUNITY DEVELOPMENT CORP: 490 Main Street, East Orange, NJ 07017. **Phone:** 973-266-5315 **Hours:** *Office* -- Mon-Fri: 8:30am-4:30pm; *Pantry* -- Mon-Fri: 9am-1pm. *This site provides a pantry, a thrift shop, rental and utility assistance when available and social services.*

EMERGENCY FOOD & NUTRITION NETWORK OF CATHOLIC CHARITIES (EFNN): 37 Evergreen Place, East Orange, NJ 07018. **Phone:** 973-266-7941. **Hours:** *Office* -- Mon-Fri: 9am-5pm. *This site provides food, training, and technical assistance to 75 food pantries in four counties - Bergen, Essex, Hudson, and Union. EFNN is a program sponsored by the Newark Archdiocese.*

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HOLY TRINITY LUTHERAN CHURCH FOOD PANTRY: 153 Glenwood Avenue, East Orange 07017. **Phone:** 973-678-1484 or 973-325-3628. **Hours:** *Office* -- Mon-Fri: 9am-3pm. *Pantry* -- Last Tues of each month: 10:30am-12:30pm & by appointment. *This site provides food, clothing and toiletries.*

MEETING EMERGENCY NEEDS WITH DIGNITY (MEND) CENTRAL OFFICES: 37 Evergreen Place, East Orange, NJ 07018. **Phone:** 973-266-7941. **Hours:** Mon-Fri: 9am-5pm. *This site provides an interfaith network of food pantries in Essex and is administered and sponsored by Catholic Charities Emergency Food & Nutrition Network.*

Irvington:

CHURCH WOMEN UNITED FOOD PANTRYS: 1240 Clinton Ave., Irvington, NJ 07111. **Phone:** 973-373-5930. **Hours:** Mon: 4-6pm; Wed: 10am-3pm; Fri: 10am-3pm. *This site is an emergency pantry providing food and clothing to Irvington residents with a referral letter.*

SOLID ROCK BAPTIST CHURCH FOOD PANTRY: 644 Chancelor Avenue, Irvington, NJ 07111. **Phone:** 973-474-6437, 973-373-8129. **Hours:** *Pantry* – Wed: 10am-12pm; 1st & 3rd Sat: 10-11am. *This site provides a pantry, clothing, referrals to substance abuse and medical programs, anger management classes, and a job readiness program.*

Montclair:

HUMAN NEEDS FOOD PANTRY: 9 Label Street, Montclair, NJ 07042. **Phone:** 973-746-4669. **Hours:** *Office* --Tues & Thurs: 9am-2pm. *Food Delivery* -- Tues & Thurs: 9:30am-12pm. *Client Food Pick-Up* -- Tues & Thurs: 12:30-2:15pm. *This site provides a food pantry for towns in Essex County without existing pantries: Montclair, Bloomfield, Cedar Creek, Verona, Fairfield, all the Caldwells, Roseland, Belleville, Glen Ridge, Short Hills, Livingston, and Millburn.*

SALVATION ARMY: 13 Trinity Place, Montclair, NJ 07042. **Phone:** 973-744-3312 x4654. **Hours:** *Office:* Mon-Fri: 9am-4pm, *Soup Kitchen:* Mon, Tues, Wed: noon, *Pantry:* by appointment, *Emergency Shelter:* Call site for information. *This site provides a soup kitchen, a pantry, a shelter, rental & utility assistance, and youth programs.*

TONI'S KITCHEN AT ST. LUKE'S EPISCOPAL CHURCH: 73 South Fullerton Avenue, Montclair, NJ 07042. **Phone:** 973-932-0768. **Hours:** Thurs, Fri, Sat: 11:30am-12:30pm. *This site provides hot lunches.*

Newark:

APOSTLES HOUSE: 18-24 Grant Street, Newark, NJ 07104. **Phone:** 973-482-0625 or 973-482-6609. **Hours:** *Food Pantry:* 8:30am-4pm. *Shelter:* 24/7. *This site provides a pantry, a shelter for women and children, transitional housing, substance abuse counseling and other services.*

BESSIE GREEN COMMUNITY, INC: 510 Broad Street, Newark, NJ 07102. **Phone:** 973-623-3198. **Hours:** *Pantry* - Mon, Wed, And Fri (2nd two weeks of each month): 10am-2pm, *Clothing* – Tues & Thurs. *This site provides a food pantry and clothing when available; pantry clients must have a referral and may receive groceries only once per month. Senior day care is usually the last Friday of each month. Call for details.*

Updated: March 2015

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BLUM STREET NEIGHBORHOOD CORP AT GRACE REFORMED CHURCH: 31 Blum Street, Newark, NJ 07103. **Phone:** 973-643-8739. **Hours:** Office – Mon-Fri: 7:30am-5pm, *Pantry* - Mon-Fri: 12-2pm, *Day Care* - Mon-Fri: 7:30am-5pm. *This site provides a pantry, clothing and daycare. An advance phone call is required for services.*

EL CLUB DEL BARRIO, INC.: 76 Clinton Avenue, Newark, NJ 07114. **Phone:** 973-624-4222. *This site provides a food pantry, mental health, HIV and addiction services, and after school program, ESL classes, and a Teen Pep program.*

EMMANUEL CHURCH OF CHRIST: 54 Irvine Turner Blvd., Newark, NJ 07103. **Mail:** P.O. Box 3158, Newark, NJ 07103. **Phone:** 973-621-9810. **Hours:** *Food Pantry* - open once or twice a month, usually just a Tues: 10:30am-2:30pm, *Soup Kitchen* – 4th Sat of month 12-2pm. *This site provides a food pantry, soup kitchen, and clothing.*

FEED THE HUNGRY AT ST. JOHN'S: 22 Mulberry Street, Newark, NJ 07102. **Mail:** P.O. Box 200147, Newark, NJ 07102. **Phone:** 973-623-0822. **Hours:** Tues-Sat: 7am-3pm *Breakfast* – 8:30 am *Lunch* – 11:30 am. *This site provides a breakfast and a hot lunch program.*

LIGHTHOUSE COMMUNITY SERVICES: 487 Washington Street, Newark, NJ 07102. **Phone:** 973-802-1802. **Hours:** Mon-Fri: 8:30am-3:30pm. *This site provides a food pantry, a soup kitchen, and clothing.*

NEW HOPE BAPTIST CHURCH FOOD AND CLOTHING MINISTRY: 111-119 Sussex Avenue, Newark, NJ 07103. **Phone:** 973-622-4547 x229. **Hours:** Mon-Fri: 8:30am-1:30pm & Sat: 8:30-11:30am

NORTH JERSEY COMMUNITY RESEARCH INITIATIVE: 393 Central Avenue, Newark, NJ 07103. **Phone:** 973-483-3444 x123. **Hours:** Tuesdays, Wednesdays, And Fridays: 10AM-1:30PM. *This agency provide food and social services to people with HIV only.*

PIERRE TOUSSAINT FOOD PANTRY - ST. MARY'S CHURCH: 528 Dr. Martin Luther King Blvd, Newark, NJ 07102. **Phone:** 973-792-5790. **Hours:** *Singles* - 3rd & 4th Fri: 10am-12pm *Families* - 3rd & 4th Sat: 9am-12pm *Emergency Situations* – times vary

POSITIVE HEALTH CARE, INC.: 333 Washington Street, Newark, NJ 07102. **Phone:** 973-596-9667 *this site provides a pantry, social services, a shelter, and transitional housing for HIV males.*

ROSEVILLE PRESBYTERIAN CHURCH PANTRY AND SOUP KITCHEN: 36 Roseville Avenue, Newark, NJ 07107. **Phone:** 973-483-3361. **Hours:** *Soup Kitchen* - every other month beginning with the 2nd Saturday: Sat: 11am-1pm *Pantry:* 2nd & 4th Mon of each month: 10am-12pm

SAFE CENTER: AN OUTREACH OF 24-7 COMMUNITY CHURCH: Newark, NJ. **Phone:** 973-497-2478 x7. **Hours:** Call for an appointment. *This site provides a pantry, clothes, support groups, a youth club, and referrals to other social community agencies.*

SAINT ROCCO'S OUTREACH - PROJECT SOLUTION: 712 Springfield Avenue, Newark, NJ 07103. **Phone:** 973-371-5266 (general contact number). **Phone:** 800-291-6933 (number for people in need). *This site provides a food pantry, a soup kitchen, a shelter for single men, and a shelter for families, counseling, job referrals, case management and group motivational meetings.*

Updated: March 2015

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SALVATION ARMY - CENTRAL AVENUE: 45 Central Avenue, Newark, NJ 07102. **Phone:** 973-623-5959. **Hours:** *Office - Mon-Fri: 9am-4pm. Pantry –15th to the end of each month: Mon-Fri: 9am – 2:30pm. This site provides a food pantry, emergency rental assistance, a Ryan White Program to help people with HIV and their families, a senior companion program for the frail elderly, a foster grandparent program, a hospital program and other social services.*

SALVATION ARMY - SPRINGFIELD AVENUE: 699 Springfield Avenue, Newark, NJ 07103. **Phone:** 973-375-5933. **Hours:** *Office - Tues-Fri: 10am-3pm Pantry – Weds: 10:30am-1:30pm. This site provides a pantry called "Healthy Eating, Healthy Habits."*

UNITED COMMUNITY CORP: 31 Fulton Street, Newark, NJ 07102. **Phone:** 973-642-0181 x227. **Hours:** *Pantry - Tues, Weds, Thurs: 10am-1pm Shelter: 3pm-7am 7 days a week. This site provides a shelter, a pantry, social services, and community services; a referral and an advance call are required.*

Nutley:

FOOD PANTRY AT THE NUTLEY CHAPTER RED CROSS: 169 Chestnut Street, Nutley, NJ 07110. **Phone:** 973-667-3818. **Hours:** *Pantry - Tues-Fri: 10am-4pm. This site provides services to residents of Nutley and Belleville; clients must be qualified through the Nutley Family Service Bureau (973-667-1884).*

SAINT MARY'S CHURCH FOOD PANTRY: 17 Msgr. Owens Place, Nutley, NJ 07110. **Phone:** 973-235-1100. *Clients must be qualified by the Nutley Family Service Bureau.*

Orange:

HELPING HANDS AND EARS: 32 Park Street, Orange, NJ 07050. **Phone:** 973-673-2471. **Hours:** *Mon, Wed, Fri: 10am-2pm. This site provides a food pantry and referral service to social service agencies.*

SAINT MATTHEW A.M.E. CHURCH - MANNA FROM HEAVEN: 336 Oakwood Avenue, Orange, NJ 07050. **Phone:** 973-678-1217. **Hours:** *Mon: 5:30-7pm; Tues-Fri: 1-3pm; 4th Sat each month: 10am-12pm. This site provides food to families, clothing, referrals for health care and other community resources; each family may apply for food only once per month. Clothing distribution is only on the 4th Saturday. Clients must call before going to the pantry.*

INTERFAITH FOOD PANTRY OF THE ORANGES: A COLLABORATIVE GROUP EFFORT of Congregation Beth El of South Orange, Christ Church in Short Hills, Temple Sharey Tefilo-Israel in South Orange, B'nai Jeshurun in Short Hills, and The Episcopal Church of the Epiphany: The Episcopal Church of the Epiphany 105 Main Street, Orange, NJ 07050 **Phone:** 973-715-7718 . **Hours:** *2nd, 3rd, 4th, 5th Wed: 10-11pm at the back entrance of the Church of Epiphany. This site is an emergency pantry providing non-perishable supplemental food to the Orange communities with a referral letter stating that there is a specific need for food*

South Orange:

OHEB SHALOM CONGREGATION PANTRY: 170 Scotland Road, South Orange, NJ 07079. **Phone:** 973-762-7067. **Hours:** *open once a month or as needed for emergency food. This site provides a kosher food pantry.*

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West Orange:

HOLY TRINITY EPISCOPAL CHURCH – FOOD PANTRY AND CHRISTINE'S SOUP KITCHEN: 315 Main Street, West Orange, NJ 07052. **Phone:** 973-325-0369. **Hours:** *Soup Kitchen* - Sat: 12-1pm. *Pantry* – last 2 Fri and Tues in between: Contact church for hours. *Thrift Shop* – Thurs: 10am-5pm & Sat: 10am-1pm. *This site provides a soup kitchen, a pantry, and a thrift shop; referrals are required.*

Anger Management:

Babyland Men for Peace: 755 South Orange Ave., Newark, NJ. 973-399-3400.

Johnson and Associates: 220 South Harrison Street, East Orange, NJ. 973-677-7053

Veteran's Services:

Community Hope: Helping individuals, including veterans, and their families, overcome mental illness, addiction, homelessness and poverty by providing housing and support services. Since 1985, we have restored hope to thousands. **(973) 463-9600**

VA Medical Center East Orange: Services include: cancer prevention and screening, geriatrics and extended care, homeless veterans treatment, mental health, mental illness, research, education and clinical center, military sexual trauma, OEF/OIF returning combat veterans, pharmacy, primary care, surgical, war-related illness and injury study center, women's health. **Contact information: 973-676-1000**

Newark Outpatient Clinic: Services include: primary care for veterans in New Jersey and surrounding areas, behavioral health services including individual, group and family counseling, laboratory services, prescriptions processed through the mail or my Health-e-Vet. **Contact information: 973-645-1441/973-645-3712.**

**Veterans Hotlines: Benefit hotline: 1-888-8NJ-VETS
Counseling Hotline: 1-866-VETS-NJ4**

Legal/Mediation Services:

Collaborative Justice Services: provide jail diversion as an alternative to incarceration and effective discharge planning, linkage and referral to community resources for mentally ill offenders who re-enter the community following their release from the Essex County Correctional Facility (ECCF). Additionally, CJS educates Law Enforcement Officers regarding mental health issues at local municipal levels. **Contact Information: 973-509-9777**

Volunteer Lawyers for Justice: seeks to improve the lives of economically disadvantaged adults, children, and families in New Jersey by empowering them with tools, advice, and pro bono representation with the goal of securing fair and equal treatment within the legal system. Also, offers

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FREE criminal expungement informational sessions and legal consultation. **Contact information: 973-645-1955**

Newark Reentry Legal Services (ReLeSe) Network: legal services program of the Volunteer Lawyers for Justice designed to help individuals with criminal records address civil legal matters that are barriers to successful community reintegration. **Contact Information: 973-645-0022.**

Legal Services of NJ (LSNJ): provides free legal assistance to Essex County's low income residents in civil cases. **Contact information: 973-824-3000.**

Rachel Coalition Main Office: Direct Legal Representation Project-a staff attorney who provides direct legal representation and consultations to victims in domestic violence proceedings in Family Court. Rachel Coalition Court Advocate/Case Manager-bilingual advocate works at Essex County Family Court to provide crisis counseling and essential information to victims of domestic violence regarding issues of safety, community resources, and relief available to them through the legal process. **Contact information: 973-765-9050.**

American Civil Liberties Union of New Jersey (ACLU-NJ): areas of law-criminal justice, immigrant rights, election and voting, free speech and expression, gay and lesbian rights, religious freedom, student and youth rights, poverty rights, prisons, privacy discrimination, national security police practices, reproductive freedom, open government, cyber-liberties. **Contact information: 973-642-2084**

American Friends Service Committee (AFSC): providing consultations, full representation, community outreach and training in all areas of immigration legal services except employment-based issues. **Contact information: 973-643-1924.**

Association of Children of New Jersey (ACNJ) Children's Legal Resource Center: advocacy organization providing information and training on legal issues affecting children. **Contact information: 973-643-3876, ext. 220.**

Catholic Charities of the Archdiocese of Newark, Bishop Francis Center for Immigration Services: full representation services are available covering the full spectrum of immigration issues. **Contact information: 973-733-3516.**

Community Health Law Project: areas of law: primarily social security and landlord/tenant issues. Also covers public entitlements, health care, advance directives and living wills. **Contact information: 973-680-5599, TTY 973-680-1116.**

Covenant House Youth Advocacy Center: represents at-risk youth between 16-21 in civil legal matters, including immigration, housing, and public benefits. **Contact information: 973-621-8705.**

Education Law Center: areas of law: access to public education, student rights, school discipline, special education, school district admissions, and alternative education. ELC provides advocacy for access to public education as well as representation to parents of disadvantaged children. **Contact information: 973-624-1815 ext. 14, TTY 973-624-4618.**

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Essex County Legal Aid Association: areas of law: landlord-tenant issues, family law and civil law issues under \$5,000. Providing on-the-spot legal advice and legal counseling. **Contact information: 973-622-0063.**

Essex-Newark Legal Services: areas of law: anti-predatory lending, consumer protection/legal defense, domestic violence, education, family, health care access, immigration, legal assistance to medical patients, prisoner reentry, senior citizen, SSI, Workers/Farm workers rights. **Contact information: 1-888-576-5529.**

Essex County Office of Victim-Witness Advocacy: assisting victims of crime and persons who are required to testify as witnesses in criminal cases. **Contact information: 973-621-4700.**

Essex County Public Defender's Office: Law guardian unit: representation to children who are victims of abuse and neglect. Parental representation unit: Title 30 cases-termination of parental rights cases. Special hearings unit: representation in Megan's Law "tier classification" hearings. **Contact information: 973-648-6200.**

International Institute of New Jersey, Immigration Law Center: available for full representation as well as filing immigration petitions. **Contact information: 201-653-3888, ext. 177 or 133.**

Newark Now Financial Empowerment Center: areas of law: benefits assistance, tax assistance, and legal counseling concerning housing and tenant issues. **Contact information: 973-624-3733.**

Seton Hall Law Center for Social Justice: areas of law: prisoner's rights, housing, education, family law, immigration issues, juvenile justice, predatory lending, international human rights, civil rights, constitutional law, divorces, child support, spousal support, custody and visitation cases, international child abduction cases, adoptions and domestic violence. **Contact information: 973-642-8700.**

Information and Referral:

Mental Health Association of Essex County: 33 South Fullerton Ave, Montclair, NJ 07042 973-509-9777

New Jersey Mental Health Cares: 862-202-HELP (4357)

211 First Call for Help: 211 or 1-800-435-7555

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)